

EMBRACING *Change* AND DISCOVERING BALANCE



**THURSDAY, OCTOBER 18, 2007
7:00 - 9:00 PM**

TICKETS: SUGGESTED DONATION \$10.00 – \$20.00*
(No one will be turned away due to lack of funds.)

**Skyline Community Church, UCC
12540 Skyline Boulevard
Oakland, CA**

For more information: www.skylineucc.org

“When you know where you are, you’ll know where you’re going.”

In our fast-paced, stressful world of today how do we reconnect to that delicate magic of personal and family life that insures happiness and joy? When faced with the challenges of change, how do we transform feelings of fear to those that embrace faith in the journey?

In her playful, heart-centered, and inspirational style, internationally recognized author and storyteller, Dr. Joyce Mills reveals how the science and spirit of the butterfly’s metamorphosis provides information, inspiration, and a tangible tool to help us discover exactly where we are in our process of change, how to overcome the obstacles and challenges placed in our path, ultimately leading to a balanced and joyful life.

Joyce C. Mills, Ph.D.

Founder and director of The StoryPlay Center in Scottsdale, Arizona and Co-director of the Phoenix Institute for Ericksonian Therapy, Dr. Joyce Mills has developed a unique approach to helping children, families, and communities heal from trauma and disaster. She is a licensed Marriage and Family Therapist, a registered Play Therapy Supervisor, and professor of Child Psychotherapy and Play Therapy. She is also an internationally recognized storyteller, best-selling author, consultant, workshop leader, and keynote speaker to medical, psychological, and educational organizations. Dr. Mills is in private practice in Scottsdale, Arizona.



***All Proceeds will go to Bay Area Community Services (BACS)**

BACS is a community based, non-profit agency serving nearly 4,000 people each year in 40 locations throughout Alameda County. For over 50 years, BACS has been serving the needs of adults with severe and persistent mental illness and seniors. We provide appropriate, cost-effective alternatives to help our clients avoid institutionalization and improve their quality of life.